



ECO2 LIGHT POST TREATMENT PATIENT INSTRUCTIONS: (SMALL AREA/SUPERFICIAL)

- OF NOTE: Depending on the intensity of your treatment post care length of treatment and directions may vary. You may have been prescribed oral antibiotics/antiviral medications. Take as the medications have been prescribed.
- You may experience a burning sensation for 1 - 2 hours immediately after the treatment. Cooling with an ice pack can provide relief to the treated area. Make sure to enclose the ice pack in a clean towel. Do not ice one area of skin for more than 3 minutes at a time to avoid damaging your skin.
- Wash with gentle cleanser in a circular motion. Dry the treated area gently, using a patting motion, do not rub the area. Avoid using a wash towel.
- You might experience pinpoint bleeding. If this occurs, gently pat the area using a clean gauze pad to stop the bleeding.
- It is important to keep the skin moisturized and hydrated after the treatment. Apply an ointment or barrier cream to the treated area several times a day for the next weeks. This will promote healing as well as reducing the risk of infection.
- When the skin returns to the intact state (likely 5-7 days), you may wash, apply mineral makeup, shave, or take a shower regularly.
- The newly generated skin is sensitive and must be protected from both sunlight and heat. Over the next month, use moisturizer and a broad spectrum sunblock with an SPF of 30+. Do not expose your skin to direct sun light, especially in summer months.
- Use an umbrella, cap or any available protections against outdoor sun light.
- Avoid using alcohol-containing or harsh cosmetics at least for 2 weeks after the treatment.
- Avoid vigorous activity for the first week post treatment or until initial healing has occurred. Increased irritation may result from any activity that increases blood flow or body temperature (i.e. alcohol consumption, exercise, sauna).